

October Is National Breast Cancer Awareness Month



- During 2003 and estimated 211,300 new cases of Breast Cancer are expected to occur among women in living in the United States.
- Participate in the National Mammography Day on October 17, 2003. Call the American Cancer Society at 1-800- 227-2345 to learn which facilities are participating in this event.

The American Cancer Society's Recommendations

- Yearly mammograms are recommended starting at age 40 and continuing for as long as a woman is in good health.
- CBE should be part of a periodic health exam, every year for women 40 and older.
- Women should know how their breasts normally feel and report any breast change promptly to their health care provider